

UKCPA

CLINICAL PHARMACY ASSOCIATION



**Association of Pharmacy Technicians
United Kingdom**

**UKCPA Pain Management Group and
APTUK Joint Event Programme:**

Managing pain: Making it happen

Wednesday 7th February 2018

Guy's Hospital, London



This event is designed for all pharmacy professionals working in any sector. Pharmacy technicians will benefit particularly as pain management is a growing area where technicians have a key role to play.

Attending this event will help you advance your professional practice and could be used as evidence in your RPS Faculty portfolio or APTUK Foundation Pharmacy Framework.

SPEAKERS

Helen Gisby, Pharmacy Technician Specialist, Medicine Information and Education, Kent Community Health NHS Foundation Trust

Dilesh Khandhia, Clinical Team Manager, North Bristol NHS Trust

Emma Davies, Advanced Pharmacy Practitioner in Pain Management, Integrated Pharmacy and Medicines Management, Abertawe Bro Morgannwg University Health Board

Emily Beardall, Pharmacist and Patient Expert living with pain

PROGRAMME

Time	Session title	Speaker	Format
09.15 – 09.50	<i>Arrival, registration and refreshments</i>		
09.50 – 10.00	Welcome	Emma Davies and Tess Fenn	
10.00 – 11.20	Overview of pain	Dilesh Khandhia	Presentation
11.20 – 11.40	<i>Refreshment break</i>		
11.40 – 12.40	The technician's role in acute pain in the: <ul style="list-style-type: none"> • Hospital • Community 	Helen Gisby TBC	Presentation/Case studies
12.40 – 13.00	Question and answer session	Tutors	
13.00 – 13.45	<i>Lunch break, exhibition and networking</i>		
13.45 – 15.00	Living with pain, including question and answers	Emily Beardall	Presentation
15.00 – 15.15	<i>Refreshment break</i>		
15.15 – 16.15	Acute pain becoming chronic	Emma Davies	Presentation/Case studies
16.15 – 16.30	Closing remarks	Emma Davies and Tess Fenn	

The learning outcomes for this event are met by means of lectures, small group discussions and case studies.

LEARNING OUTCOMES

Session 1 – Overview of pain

By the end of this session, attendees should have a better knowledge of:

- The theoretical and working definitions of pain and why it is an important condition to manage
- The different kinds of pain that people might present with and how to recognise them
- The bio-psycho-social model of pain and how it impacts on pain management
- The medicines used to manage pain – pros, cons and evidence

Session 2 – Acute pain

By the end of this session, attendees should be able to:

- Explain the importance of managing acute pain in an effective and timely way
- Discuss the medicines used to manage acute pain – what to use and when to use it
- List the important points to counsel people on about their analgesics during admission, at discharge and in the community
- Safety netting in acute pain cases – in community and at discharge from hospital

Session 3 – Living with pain

By the end of this session, attendees should have:

- Greater understanding of what it is to live with pain
- Empathy with people living with pain and how to better support them in practice

Session 4 – Acute pain becoming chronic

By the end of this session, attendees should be able to:

- Discuss the need for holistic management of chronic pain
- Discuss the problems with the medicines being used in the management of chronic pain
- Identify what to look for on prescriptions for analgesics which might point towards potential problems
- Communicate key messages around medicines in pain management

Fees:

UKCPA & APTUK Members: £99.00

Non-Members: £199.00

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Other pharmaceutical companies were invited to support this event.