

# In Focus

Welcome to the February 2016 issue of *In Focus*.

We love hearing about and sharing good news and excellent practice, so please let us know of your achievements (or those of your colleagues if they are too modest!).

If you would like anything included in *In Focus* please email Sarah Carter: [general.secretary@ukcpa.com](mailto:general.secretary@ukcpa.com)

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UKCPA  
CLINICAL PHARMACY ASSOCIATION

[www.ukcpa.org](http://www.ukcpa.org)

February 2016

“The UKCPA promotes expert practice in medicines management for the benefit of patients, the public and members by establishing standards, workforce development and advancing innovation in all health care settings.  
The UKCPA encourages Excellence, Leadership and Partnership”

## Member achievements

The Royal Pharmaceutical Society announced its new Fellows in November 2015 and we are delighted to see that six are UKCPA members:

- \* **Anthony Cox**
- \* **Mark Gilchrist**
- \* **Karen Hodson**
- \* **Rani Khatib**
- \* **Robert Shulman**
- \* **Martin Stephens**

Congratulations!

UKCPA member, **Dr Rani Khatib**, has launched the Yorkshire and North-East Cardiovascular Pharmacy Network (YNCNP), a clinical network for pharmacy professionals working in primary and secondary care and involved in the delivery of medicines optimisation to patients with cardiovascular disease.

The network will serve as a platform to support the medicines optimisation agenda by sharing good practice, providing educational sessions, conducting collaborative research and audits, and exploring ways to improve continuity of pharmacy care for patients with cardiovascular disease.

The network will collaborate with pharmacy organisations and forums such as UKCPA, RPS, LPFs, and academia and other CV networks to support the medicines optimisation agenda.

If you would like to join the network or would like more information please email: [yncpnsecretary@gmail.com](mailto:yncpnsecretary@gmail.com)

**Elsy Gomez-Campos** got more than she bargained for when she signed up to the Ready Now Programme, a course for black and minority ethnic (BME) practitioners offered by the NHS Leadership Academy.

Having suffered from discrimination, Elsy was questioning her future in the NHS where she had worked for nearly 20 years. During the programme Elsy learned to turn anger and frustration into more positive actions. Read more about her journey here.

*"I am already positively influencing my organisation to become a more inclusive trust that embraces the diverse workforce."*

Elsy is Deputy Chief Pharmacist at the Royal National Orthopaedic Hospital Trust.

Thank you to everyone who responded to our recent survey and interviews and gave their views and opinions to help shape the future of the Association.

We were delighted that UKCPA member **David Kean** from Northern Ireland was randomly selected to win our prize package of an iPad Mini, free UKCPA Masterclass place and a free day attendance at the UKCPA Autumn Symposium.

We love hearing about and sharing good news and excellent practice, so please let us know of your achievements (or those of your colleagues if they are too modest!).

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# UKCPA to partner with Pharmacy Management to deliver national Diabetes event

We are delighted to announce a partnership with Pharmacy Management which will enable us to work together to deliver educational events which meet the needs of healthcare professionals engaged in the use of medicines.

Pharmacy Management is a well known and respected training organisation and is an accredited training provider for the Royal Pharmaceutical Society Faculty. Our partnership will help us to bring the clinical pharmacy expertise of UKCPA together with Pharmacy Management’s multidisciplinary audiences to provide education and training relevant to all sectors of the profession.

The first event borne out of this partnership will be the National Conference for Diabetes Medicines Optimisation, to be held on Tuesday 17 May 2016 in Manchester.

**Places are free to NHS pharmacists** and the event is being sponsored by a variety of pharmaceutical companies.

The range of 24 Satellite Sessions has been put together by the UKCPA Diabetes & Endocrinology Group and Pharmacy Management to reflect the needs of pharmacists in both secondary care and community with emphasis also on service development and training and education.

*“The input from the UKCPA Diabetes & Endocrinology Group has been first rate and we are delighted that contributors are coming from all over the UK for what should be a very rewarding and practical day. We hope that this will be the first of many collaborations between our two organisations.”*

Ted Butler, Chairman of Pharmacy Management

[Register here now](#)  
and select Satellite  
Sessions from  
8<sup>th</sup> March

The Journal of Medicines Optimisation (JoMO)\* and the United Kingdom Clinical Pharmacy Association (UKCPA)

JoMO  
UKCPA  
CLINICAL PHARMACY ASSOCIATION

Medicines Optimisation in Diabetes  
17th May 2016

**NATIONAL CONFERENCE FOR DIABETES MEDICINES OPTIMISATION**

Tuesday 17th May at The Midland Manchester Hotel, 16 Peter St, Manchester M60 2DS

THE FIRST NATIONAL CONFERENCE DESIGNED TO NETWORK AND DEVELOP DIABETES MEDICINES OPTIMISATION

\*JoMO is a publication produced by Pharmacy Management which is an Accredited Supplier of Education for the Faculty of the Royal Pharmaceutical Society

# Spotlight on: Robin Conibere



We want to celebrate our members and their professional achievements. In this issue of *In Focus* we interview **Robin Conibere**, a GP practice pharmacist.

## What keeps you motivated in your work?

The feeling that I am making a difference for patients and their wellbeing, and being part of a great team that supports each other and are all working together to provide the best patient care possible.

## What is your next professional challenge?

Preparing to support a Pre-reg pharmacist who will be rotating through a practice pharmacist placement at the GP practice where I work. I have also just applied for access to the Royal Pharmaceutical Society Faculty materials for professional recognition.

## What does UKCPA mean to you as a practitioner?

UKCPA is a great resource and tool to help support clinical pharmacy practice, and the online networks are really responsive in providing assistance to colleagues who post on them. The UKCPA has a strong clinical focus and works with great partners in the profession. I'm relatively new to UKCPA and wish I'd discovered it earlier.

## What's the best thing about UKCPA?

The online forums are a great resource for sharing and learning from colleagues. I've not had the chance to attend any masterclasses yet but from what I've heard they look great.

## What qualities are essential in order to be a good Pharmacist?

Being friendly, open and non-judgemental when working with patients. It's easy for us to be scientists and brush off comments from patients that don't seem to make scientific sense, but they are individuals who are describing their experience of the medicines they are taking. We need to understand their beliefs and expectations and come to a solution that works for them, and enables them to feel involved in the decisions about the medicines they take.



## Who or what inspires you?

I'm an avid user of Twitter; for a profession that often feels quite isolated it has really helped me to make networks and connections with colleagues throughout the UK and indeed the world. There is a wealth of information, opinion and support for a wide range of pharmacists, technicians and other healthcare professionals, and indeed patients too. It's inspiring to see all these connections taking place and there are some real shining stars that are shouting about all the great things pharmacy can bring to healthcare.

## In your opinion, what are the biggest challenges facing the profession today?

A lot is changing in pharmacy and we need to embrace that the traditional dispensing role isn't really where we should be focusing our efforts. Pharmacists can deliver so much more to front line patient care and if we are having one to one conversations with patients, understanding and supporting their use of medicines and their health, we can bring so much more benefit to patients, colleagues and the wider healthcare economy.

## Tell us something people don't know about you.

A couple of years ago I did the Nevis Bungy—the highest Bungy jump (at the time) in the Southern Hemisphere at 134m.

# UKCPA endorses NICE Quality Standard on healthcare-associated infections

The UKCPA, through its Pharmacy Infection Network, has endorsed the recently published quality standard which sets out priorities on preventing and controlling healthcare associated infections in secondary care settings.

The National Institute for Health and Care Excellence (NICE) quality standard includes five statements aimed at secondary care service providers, health and social care practitioners and commissioners. These include:

- ◆ Hospitals monitor healthcare-associated infections and other infections of local relevance to drive continuous quality improvement
- ◆ Hospitals work with local health and social care organisations to assess and manage the risk of infections in hospitals from community outbreaks and incidents
- ◆ Hospital staff have individual objectives and appraisals on infection prevention and control linked to board-level objectives and strategies

- ◆ Hospitals involve infection prevention and control teams in the building, refurbishment and maintenance of hospital facilities
- ◆ People admitted to, discharged from, or transferred between or within hospitals have information about any infections and associated treatments shared with health and social care staff to inform their care.

The standard is expected to contribute to improvements in hospital-acquired harm; length of stay in acute care; antimicrobial resistance; avoidable morbidity and mortality; incidence of C difficile and MRSA. It also aims to improve patient experience, reduce avoidable hospital admissions and lower accident and emergency department attendance.

Commissioners, secondary care health and social care professionals and service providers can use this quality standard to reduce healthcare-associated infections within hospitals and other secondary care settings.

[Find out more here](#)

## UKCPA inform anaesthetic guidelines

The UKCPA Surgery & Theatres Group were recently invited to review the Royal College of Anaesthetists' Guidelines for the Provision of Anaesthetic Services (GPAS) to ensure that pharmacy and pharmacists were represented in the document.



The guidelines form the basis of recommendations produced by the RCoA for anaesthetists with responsibilities for service delivery and for healthcare managers.

For the first time, the GPAS document includes chapters developed using a new rigorous, evidence-based process that involves a variety of stakeholders.

# UKCPA to showcase expertise at Clinical Pharmacy Congress

The UKCPA will be delivering 12 educational 'taster' sessions at the Clinical Pharmacy Congress in London in April 2016.

These sessions will showcase the education, training and leadership that UKCPA offers throughout the year.



## FRIDAY 22 APRIL

- \* **Helen Williams:** What's new in cardiology?
- \* **Toby Capstick:** Asthma - An update on current treatment
- \* **Nina Barnett, Paresh Parmar & Satinder Bhandal:** Optimising medicines - Swallowing difficulties and speech impairment
- \* **Grainne D'Ancona:** COPD update
- \* **Michelle Lam:** Diabetes update

## SATURDAY 23 APRIL

- \* **Kieran Hand:** Hospital treatment of community acquired pneumonia and acute exacerbations of COPD - the evidence
- \* **Helen Williams & Sotiris Antoniou:** Medicines management for cardiovascular disease
- \* **Philip Newland-Jones:** Inpatient diabetes for pharmacists
- \* **Anna Murphy:** Are you in the 91%? Optimising inhaler technique
- \* **Anja St Clair-Jones:** Inflammatory bowel disease medicines optimisation
- \* **Joela Mathews:** The challenges of safe and efficient supply of MS disease-modifying drugs
- \* **Emma Cramp:** Innovation within antimicrobial stewardship

Quote **EV-AS-031** when registering to get your free place

[pharmacycongress.co.uk/ukcpa](http://pharmacycongress.co.uk/ukcpa)

# Have you found your support network?

*“All the expertise in the UK available at the click of a mouse.”*

Our members have told us that the number one benefit of their UKCPA membership is the online networks on the UKCPA website.

Each forum has hundreds of members who are contributing, responding, asking questions, or just taking all the information in.

There is something going on at all hours of the day and night. If you work in a specialty, this online connection is vital, particularly if you work in isolation as you are able to contact other specialists regardless of their geographical location. If you don't work in a specialty they are equally as valuable, as you can tap into the expertise in several therapeutic areas to gather the information that you need.

Here's a snippet of what's been going on over the past few weeks...

*“Excellent source of information when faced with a real life clinical dilemma.”*

Find your support network with

**UKCPA**

CLINICAL PHARMACY ASSOCIATION

*For trusts that have implemented self administration of insulin, do you permit the patient to record administration and document their BMs? If so, how has the prescription/ paperwork been formatted to allow for this? (14 replies)*

*Are many of you seeing Gastro consultants using infliximab 10mg/kg doses for IBD? We have a few patients on this dose and on shorter intervals too: 6 rather than 8 weeks. Is there any evidence for non-responders / loss of response? (10 replies)*

*We are beginning the process of changing to a citrate based method of anti-coagulation. I was wondering whether anyone would be willing to share with me their local citrate protocol? (15 replies)*

*We have not been inspected recently but my understanding is that CQC are now requiring locked medicines cupboards within locked rooms, and IV fluids locked away. For us this would require significant capital investment. If anyone can share recent experiences on this it would be very helpful. (16 replies)*

*Flu is spiking in ICU admissions, 62 confirmed cases in English ICUs last week mostly dominated by pandemic flu H1N1. Be prepared. (12 replies)*

To get full use of the online networks, go to:

[www.ukcpa.org/groups](http://www.ukcpa.org/groups)