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Multimorbidities and Frailty

Care of the Elderly Group

Royal Pharmaceutical Society
East Smithfield, London

Tuesday 26th September 2017

Members Registration Fee: £130.00
Non-Members Registration Fee: £199.00

This Masterclass will cover Core Advanced areas of knowledge
Programme: Tuesday 26th September 2017

09.15 – 10.00 Registration & Refreshments and Exhibition

10.00 – 10.10 Welcome and Introduction
   Derek Taylor, Chair

10.10 – 11.10 Multimorbidities and Frailty – identifying, assessing and managing frail older people with multimorbidities
   Nina Barnett

11.10 – 11.25 Refreshments and networking

11.25 – 12.10 An update on reducing medicines burden, adverse effects and unplanned admissions
   Helen Whiteside

12.10 – 12.55 Managing frail heart failure patients
   Janine Beezer

12.55 – 13.45 Lunch and networking

13.45 – 14.30 Pharmacy involvement in multidisciplinary frailty teams
   Kate Emblin

14.30 – 15.15 Strategies for the safe and effective transfer of patients between care settings
   Lelly Oboh

15.15 – 15.30 Refreshments and comfort break

15.30 – 16.30 Small group/case discussions focusing on topic areas covered earlier in the day

16.30 – 16.45 Evaluation and Close
   Derek Taylor, Chair

Aim
The aim of this masterclass is for attendees to consider, discuss and personally adopt methods for the identification and management of patients with multimorbidity as well as improving multidisciplinary working and medicines optimisation across healthcare sectors.

Learning Outcomes
At the end of this masterclass, participants should be able to:
- Describe methods for identifying, assessing and managing frail older people with multimorbidities
- Outline the role of pharmacy within multidisciplinary hospital- and community-based frailty teams
- Identify strategies to ensure the safe and efficient transfer of patients between hospital, community and care home settings
- Outline methods for reducing medicines burden, adverse effects and unplanned admissions in older people with multimorbidity.

Tutors:
Professor Nina Barnett, Medicines Use and Safety Team, NHS Specialist Pharmacy Service, London North West Healthcare NHS Trust

Helen Whiteside, Lead Clinical Pharmacist in General Practice, Five Towns Federation, Wakefield

Janine Beezer, Specialist Clinical Pharmacist, City Hospitals Sunderland, & Committee Member, UKCPA Cardiac Heart Failure Sub Group

Kate Emblin, Cluster Pharmacist, Royal Devon & Exeter NHS Foundation Trust

Lelly Oboh, Consultant Pharmacist, Care of Older People Guy’s & St Thomas’ NHS Foundation Trust & NHS Specialist Pharmacy Service